

# BE VIGILANT

Protect yourself and your family  
from exploitation and trafficking



**Resources and contacts**  
January 2023



Do you feel pressured into doing things? Are you being exploited, threatened or assaulted? You can talk to a professional and be protected. The contact details of various associations and organisations can be found in this booklet.

The exploitation of women, men and children can take many forms that are punishable by law: sexual abuse, domestic slavery, forced begging, forced labour, coercion to commit crimes, forced marriage, etc.

## **STAY SAFE**

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Stay vigilant, especially if someone, whether it be a man or a woman:

Tries to obtain your identity documents (other than the authorities and authorised associations),

Tries to take your phone, computer or any other means of communication,

Tries to separate you from your family or loved ones,

Forces you to engage in an activity or have sex (including to pay off a debt),

Promises to help you (with transport, food, etc.) or offers administrative, legal and social support in exchange for money,

Makes unrealistic promises to you,

Makes you work but doesn't pay you or keeps you in poor working conditions.

**IF YOU ARE IN  
IMMEDIATE DANGER,  
YOU CAN ASK THE  
POLICE OR THE  
FRENCH  
GENDARMERIE FOR  
HELP, OR CALL 17 OR  
THE EUROPEAN  
EMERGENCY NUMBER  
112.**





01.

# PROTECT YOUR INFORMATION

Your personal information and identity documents are sensitive materials and must be kept in a safe and confidential place. Take a photo of them and e-mail yourself a copy as this could help you if you lose them. Only share them with official authorities and organisations if they ask you to do so.

Malicious people may try to build trust in order to take advantage of you and your situation. Never share your personal information or accept offers from strangers on social media or unverified websites.

02.

# KEEP IN TOUCH WITH YOUR LOVED ONES

Stay in touch with your family or loved ones. Don't get separated from your family or loved ones.

Keep your phone on you at all times.

Memorise the phone number of someone you trust and agree on a code word that you can use if you are ever in danger and are unable to speak freely.

## 03.

# USE OFFICIAL CHANNELS

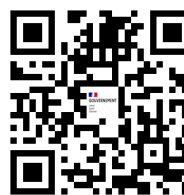
In France, official and free services have been set up to welcome you and provide care and support.

Official information about the services and your rights can be found on the following websites:

General information on [help.unhcr.org](https://help.unhcr.org) or, for people fleeing Ukraine, on the Ministry of the Interior website.



UNHCR



Government

Use the services offered by authorities or official associations, including when looking for accommodation. Ask for the names and official details of the organisations and associations that offer you help.

Use public transport. If you get into someone's vehicle, take a photo of the number plate and send it to someone you trust.

If you are staying with someone outside of the official accommodation channels, ask this person to see their details (identity and address).



# WHO SHOULD YOU CONTACT

## for help?

Organisations that offer direct help to victims of trafficking.



### **National Ac.Sé scheme**

Offers accommodation and support with relocating to victims of trafficking who are in danger in the local area or are very vulnerable. Runs a resource centre for professionals who are in contact with victims.

### **"Together against human trafficking" collective**

The collective is a network created for a more effective fight against all forms of this denial of human rights. Created by Secours Catholique in 2007, it brings together 28 French associations that are either directly or indirectly involved with victims.

### **International Organization for Migration (IOM)**

Offers reintegration support to victims of trafficking who want to return to their home country (enquire about eligible countries).

### **Secours catholique Caritas France**

Listens to, welcomes, guides and supports people at risk of, and victims of, human trafficking.

### **International Organization Against Modern Slavery (OICEM)**

Offers social, psychological and legal support.

### **Urban Exchange Network for Fighting Against Exploitation (Ruelle)**

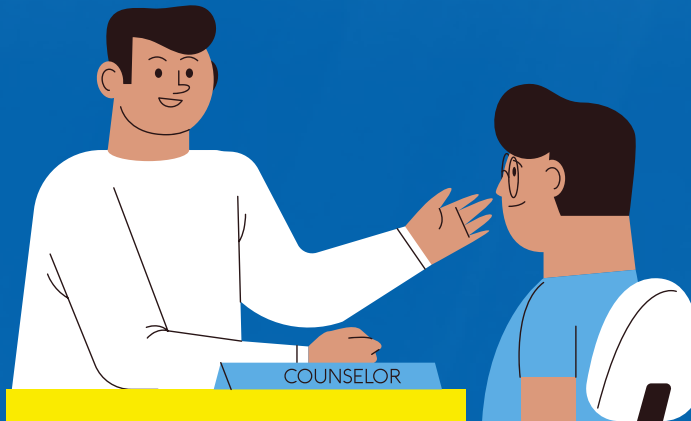
Offers social, psychological and legal support.

### **Committee Against Modern Slavery (CCEM)**

Offers social, psychological and legal support.

### **L'amicale du Nid (AdN)**

Provides comprehensive support to people involved in prostitution.



All types of exploitation	BP Boîte Postale 1532, 06099 Nice Cedex 1 04 92 15 10 51 (Monday to Friday, 9h-18h) ac.se@association-alc.org www.acse-alc.org/fr	Provence Alpes Côte d'Azur National jurisdiction
All types of exploitation	106 rue du Bac, 75007 Paris 06 71 00 69 90 contre.la.traite@secours-catholique.org www.contrelatraite.org	Paris National jurisdiction
All types of exploitation	31, rue du Faubourg Poissonnière, 75009 Paris 01 40 44 06 91 ; iomparis@iom.int france.iom.int	Paris National jurisdiction
All types of exploitation	106, rue du Bac, 75007 Paris 06 71 00 69 90 genevieve.colas@secours-catholique.org www.secours-catholique.org	Paris National jurisdiction
All types of exploitation	61 rue Saint Ferreol, 13001 Marseille 06 64 26 12 24 ; info@oicem.org www.oicem.org	Marseille National jurisdiction
All types of exploitation	06 59 18 71 66 / 06 98 39 70 42 ruelle33000@gmail.com www.associationruelle.org	Bordeaux
Labour exploitation	169 bis Boulevard Auriol, 75013 Paris 01 44 52 88 90; info@ccem.org www.esclavagemoderne.org	Paris National jurisdiction
Sexual exploitation	Head office: 21 rue Château d'Eau, 75 010 Paris Tel. : 01 44 52 56 43 ; contact@adn-asso.org Association addresses can be found at: amicaledunid.org/presentation/#etablissements www.amicaledunid.org	Paris, Île-de-France, Chambéry, Toulouse, Marseille, Rennes, Montpellier, Brest, Grenoble, Lyon

# WHO SHOULD YOU CONTACT

## for help?

Organisations that offer direct help to victims of trafficking (continued).

### **Mouvement du Nid (MdN)**

Provides comprehensive support to people involved in prostitution.

### **Mission of Intervention and Sensitisation against Human Trafficking (Mist)**

Supports victims of procuring or trafficking for the purposes of sexual exploitation.

### **Liberation for those in captivity (Aux captifs, la libération)**

Offers support to people on the streets and those living on the street.

### **ALTHEA – L'Appart**

Takes in, listens to and provides support to any person (adult or minor) who is in, or at risk of, prostitution, regardless of whether this is in a context of human trafficking.

### **The Paloma Association**

A community health organisation supporting prostitutes with regard to risk prevention and offering comprehensive social support (health, social, administrative/legal).

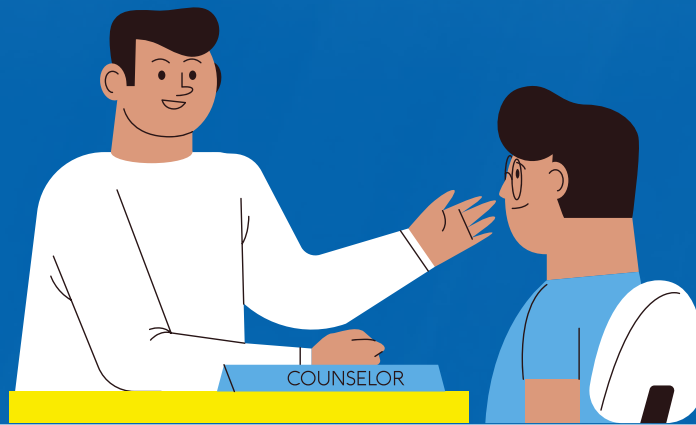
### **ARS Antigone**

Fights against the exclusion of prostitutes. Helps victims of human trafficking.



Information on violence **3919**  
against women





Sexual exploitation	Addresses of delegations available on: <a href="https://mouvementdunid.org/mouvement-du-nid/delegations/">https://mouvementdunid.org/mouvement-du-nid/delegations/</a> 01 42 70 92 40 <a href="http://www.mouvementdunid.org">www.mouvementdunid.org</a>	Paris, Île-de-France, Le Mans, Marseille, Caen, Lille, Besançon, Dreux, Toulouse, Nice, Montpellier, Tours, Nantes, Orléans, Toulon, Avignon, Angers, Lorient, Metz, Strasbourg, Mulhouse, Lyon, Rouen
Sexual exploitation	Welcome and information on Friday mornings, PAD 2 rue de Suez, 75018 PARIS <a href="mailto:contact@mist-association.org">contact@mist-association.org</a> <a href="http://mist-association.org">mist-association.org</a>	Paris
Sexual exploitation	33, avenue Parmentier, 75011 Paris 01 49 23 89 90; <a href="mailto:siege@captifs.fr">siege@captifs.fr</a> <a href="http://www.captifs.fr">www.captifs.fr</a>	Paris
Sexual exploitation	8, rue du Vieux Temple, 38000 Grenoble 04 76 43 14 06 ; <a href="mailto:contact@althea38.org">contact@althea38.org</a> <a href="https://althea38.org/">https://althea38.org/</a>	Grenoble
Sexual exploitation	33, rue Fouré, 44000 Nantes 09 54 40 97 43 / 06 31 63 98 40 <a href="mailto:contact@paloma-asso.org">contact@paloma-asso.org</a> <a href="http://www.paloma-asso.org">www.paloma-asso.org</a>	Nantes
Sexual exploitation	10 rue Mazagran, 54000 Nancy 03 83 26 56 66 <a href="mailto:antigone@asso-ars.org">antigone@asso-ars.org</a>	Nancy

Free and anonymous national helpline for women victims of violence (24/7, in French and on request in 12 languages).

# WHO SHOULD YOU CONTACT

## *if you are a minor?*

Organisations that offer direct help to child victims of trafficking.



### **"Together against human trafficking" collective**

The collective is a network created for a more effective fight against all forms of this denial of human rights. Created by Secours Catholique in 2007, it brings together 28 French associations that are either directly or indirectly involved with victims.

### **Secours catholique - Caritas France**

Listens to, welcomes, guides and supports people at risk of, and victims of, human trafficking.

### **French Red Cross**

Provides information and guidance to victims of human trafficking and people who are at risk.

### **Off the Street (Hors la rue)**

Identifies and supports unaccompanied foreign children who have been trafficked.

### **Ecpat France - mission Calais**

Offers legal, social and psychological support for unaccompanied and homeless minors, including minors at risk or victims of trafficking.

### **Taking action to fight underage prostitution (ACPE)**

Offers support to minors who are victims of sexual exploitation and their loved ones (psycho-educational, legal support).

### **L'amicale du Nid (AdN)**

Provides comprehensive support to minors involved in prostitution.

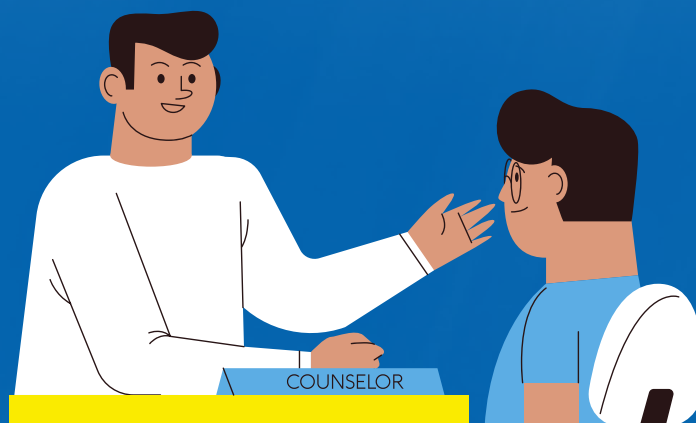
### **ALTHEA - L'Appart**

Takes in and listens to minors in, or at risk of, prostitution, as well as providing them with guidance and support.



## National helpline for children in danger

# 119



All types of exploitation	106 rue du Bac, 75007 Paris 06 71 00 69 90 contre.la.traitement@secours-catholique.org www.contrelatraite.org	Paris National jurisdiction
All types of exploitation	106, rue du Bac, 75007 Paris 06 71 00 69 90 genevieve.colas@secours-catholique.org www.secours-catholique.org	Paris National jurisdiction
All types of exploitation	Head office: 21 rue de la Vanne, 92100 Montrouge 07 81 96 72 49 contact.teh@croix-rouge.fr www.croix-rouge.fr	Paris National jurisdiction
All types of exploitation	70, rue Douy Delcupe, 93100 Montreuil 01 41 58 14 65 ; contact@horslarue.org www.horslarue.org	Paris
All types of exploitation	+33 7 53 57 05 34 from Monday to Friday, 10 a.m. – 5 p.m. (WhatsApp, languages: Arabic, Tigrinya, English, French), ecpat-calais@ecpat-france.org	Calais
Sexual exploitation	14 rue Mondétour, 75001 Paris 01 40 26 91 51; contact@acpe-asso.org acpe-asso.org	Paris
Sexual exploitation	Head office: 21 rue Château d'Eau, 75 010 Paris 01 44 52 56 43 ; contact@adn-asso.org Association addresses can be found at: amicaledunid.org/presentation/#etablisements Useful resource site : jenesuispasavendre.org	Ile-de-France, Marseille, Toulouse, Rennes, Montpellier, Lyon
Sexual exploitation	8, rue du Vieux Temple, 38000 Grenoble 04 76 43 14 06 ; contact@althea38.org https://althea38.org/	Grenoble

Free and anonymous national phone hotline for children in danger (24/7, interpretation in 185 languages), online chat available at [allo119.gouv.fr](https://allo119.gouv.fr).

